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**Client Intake Form**

The information requested in this form will be kept confidential and will help your therapist assist you. Please fill out this form as completely as you can.

Name(s): \_\_\_\_\_ Date: \_\_\_\_\_

Address \_\_\_\_\_ City/Zip: \_\_\_\_\_

Main Contact Phone: \_\_\_\_\_ Additional Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Name of Partner/Spouse: \_\_\_\_\_

Children/Spouse's Children (name and ages): \_\_\_\_\_

\_\_\_\_\_

Referred by: \_\_\_\_\_

Contact Person in Case of Emergency: \_\_\_\_\_

Emergency Contact Phone Number: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Have you (check all that apply):

If yes please explain:

\_\_\_ Seen a counselor/therapist/psychiatrist \_\_\_\_\_

\_\_\_ Been on medication for emotional reasons \_\_\_\_\_

\_\_\_ Been hospitalized for psychiatric reasons \_\_\_\_\_

\_\_\_ Been treated for drug/alcohol problems \_\_\_\_\_

**Problem Definition:**

What is your reason for seeking help now? \_\_\_\_\_

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Are any of the following conditions a problem to you at this time? (Check all that apply)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Anxiety           | <input type="checkbox"/> Self-esteem                | <input type="checkbox"/> Loss of Meaning of Life    |
| <input type="checkbox"/> Grief             | <input type="checkbox"/> Stress                     | <input type="checkbox"/> Loss of Faith in God       |
| <input type="checkbox"/> Depression        | <input type="checkbox"/> Substance Abuse            | <input type="checkbox"/> Conflicts at Work          |
| <input type="checkbox"/> Irrational Fears  | <input type="checkbox"/> Shame                      | <input type="checkbox"/> Thoughts of harming others |
| <input type="checkbox"/> Nervousness       | <input type="checkbox"/> Guilt Feelings             | <input type="checkbox"/> Other                      |
| <input type="checkbox"/> Loneliness        | <input type="checkbox"/> Suicidal Feelings          |   |
| <input type="checkbox"/> Anger             | <input type="checkbox"/> Loss of Hope               |   |
| <input type="checkbox"/> Marriage Problems | <input type="checkbox"/> Rage                       |   |
| <input type="checkbox"/> Sexual Concerns   | <input type="checkbox"/> Relationship with Parents  |   |
| <input type="checkbox"/> Loss of Work/Job  | <input type="checkbox"/> Relationship with Children |   |

Do you have a religious preference that you would like incorporated into your treatment? If yes, please explain.

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Please sign and date this document stating that the information you have written on this form is accurate to the best of your knowledge.

\_\_\_\_\_  
Client's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent of minor client (under 18 years)

\_\_\_\_\_  
Date